

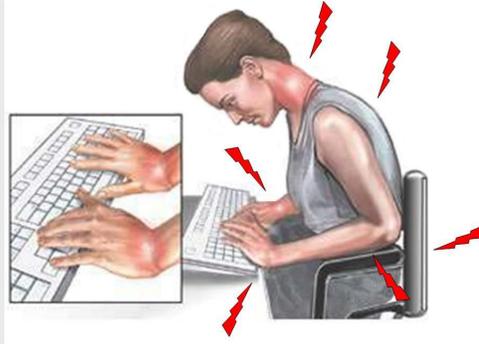
# TRAINING OPPORTUNITY

Do you have Back Pain?

Do you have Neck Pain?

Do you have Wrist Pain?

Do you have Arm Pain?



Do you feel exhausted at work?

Do you feel uncomfortable using your workstation?

Does your discomfort interfere with your ability to work?

Are you interested to prevent office related pain and injuries?

*We have the solution for you!*

*HOW?*

DeveNova Consulting offers

## Office Ergonomics Training

On how to fit your office to you

*WHY?*

TO WORK:

SAFE  
RIGHT  
SMART  
HEALTHY

*WHEN?*

*Training by:*

Ammar Al Shalabi

*MSc. -Ing, P.Eng., Cert. PM*



*Halifax NS Canada*

*ERGONOMICS THE SOURCE OF COMFORT*